



Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
Pancake on a Stick Fruit Juice Milk	Sticky Rice w/Bacon Fruit Juice Milk	Mini Waffles Fruit Juice Milk	Scrambled Eggs w/Hashbrowns Fruit Juice Milk	Brown Rice w/Sausage Fruit Juice Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Porridge Fruit Juice Milk	Fried Rice Fruit Juice Milk	Kopia Fruit Juice Milk	Breakfast Pizza Fruit Juice Milk	Scrambled Eggs w/Rice Fruit Juice Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Pancake on a Stick Fruit Juice Milk	Sticky Rice w/Bacon Fruit Juice Milk	Mini Waffles Fruit Juice Milk	Scrambled Eggs w/Hashbrowns Fruit Juice Milk	Brown Rice w/Sausage Fruit Juice Milk
Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Porridge Fruit Juice Milk	Fried Rice Fruit Juice Milk	Kopia Fruit Juice Milk	Breakfast Pizza Fruit Juice Milk	Scrambled Eggs w/Rice Fruit Juice Milk

All students at a minimum must grab 1/2 cup of vegetables or fruits along with two other items on their tray for breakfast and lunch. If there are any questions or concerns about the menu, please contact the Food Department @ fooddepartment@hcpak12.org

Menu items can change without notice



Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Stir Fry Brown Rice Fresh Fruit Fresh Vegetables Turkey & Ham Hoagie	Chicken Patty Chips Fresh Fruit Fresh Vegetables Turkey & Ham Hoagie	Pho Whole Grain Roll Fresh Fruit Fresh Vegetables Turkey & Ham Hoagie	Corn Dogs Tater Tots Fresh Fruit Fresh Vegetables Turkey & Ham Hoagie	Chicken Alfredo Whole Grain Roll Fresh Fruit Fresh Vegetables Turkey & Ham Hoagie
Monday	Tuesday	Wednesday	Thursday	Friday
Pork Stir Fry Brown Rice Fresh Fruit Fresh Vegetables Turkey Sandwich	Walking Taco Fresh Fruit Fresh Vegetables Turkey Sandwich	Chicken Tenders Fries Fresh Fruit Fresh Vegetables Turkey Sandwich	Hamburger Mac & Cheese Whole Grain Roll Fresh Fruit Fresh Vegetables Turkey Sandwich	Chicken Laab Brown Rice Fresh Fruit Fresh Vegetables Turkey Sandwich
Monday	Tuesday	Wednesday	Thursday	Friday
Mostaccioli Whole Grain Roll Fresh Fruit Fresh Vegetables Turkey & Ham Hoagie	Chicken Stir Fry w/Cabbage Brown Rice Fresh Fruit Fresh Vegetables Turkey & Ham Hoagie	Chicken Curry Soup (Khao Poon) Whole Grain Roll Fresh Fruit Fresh Vegetables Turkey & Ham Hoagie	Pepperoni & Cheese Pizza Fresh Fruit Fresh Vegetables Turkey & Ham Hoagie	Sloppy Joe French Fries Fresh Fruit Fresh Vegetables Turkey & Ham Hoagie
Monday	Tuesday	Wednesday	Thursday	Friday
Beef Laab Brown Rice Fresh Fruit Fresh Vegetables Turkey Sandwich	Walking Taco Fresh Fruit Fresh Vegetables Turkey Sandwich	Pork & Cabbage Soup Brown Rice Fresh Fruit Fresh Vegetables Turkey Sandwich	Grilled Cheese Tomato Soup Fresh Fruit Fresh Vegetables Turkey Sandwich	Hmong Sausage Brown Rice Fresh Fruit Fresh Vegetables Turkey Sandwich

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